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Prevention of Cyberbullying Among Adolescents and Children

The contribution is processed as a part of the UNIZA grant project Prevention of Cyberbullying Among Adolescents and Children

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Cyberbullying in Slovakia

- Dependency on communication via internet and social networks.

- Transition of bullying into cyberbullying.

- According to a national research cyberbullying encountered **20%** of Slovak youth.

- Raising of reported numbers of cyberbullying ⟶ 1 July 2021 the § 360b of Criminal law has become effective.

- Opportunity for crime prevention specialists.

Goal: introduce ongoing peer-to-peer workshops in local primary and highschools on the topic of cyberbullying.

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Prevention of cyberbullying in local schools

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+

Žilina City Police Department, Section of Crime Prevention.

- Peer-to-Peer workshops.

- Team of well prepared university students under supervision of local police officers and prevention specialists.

- **Goal =** efficiently approach youth and enlighten them in topics of cybersecurity, cyberbullying, data protection and help for victims.

- Workshops are accompanied by a PowerPoint Presentation, short videos and a custom leaflet.

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Custom leaflet
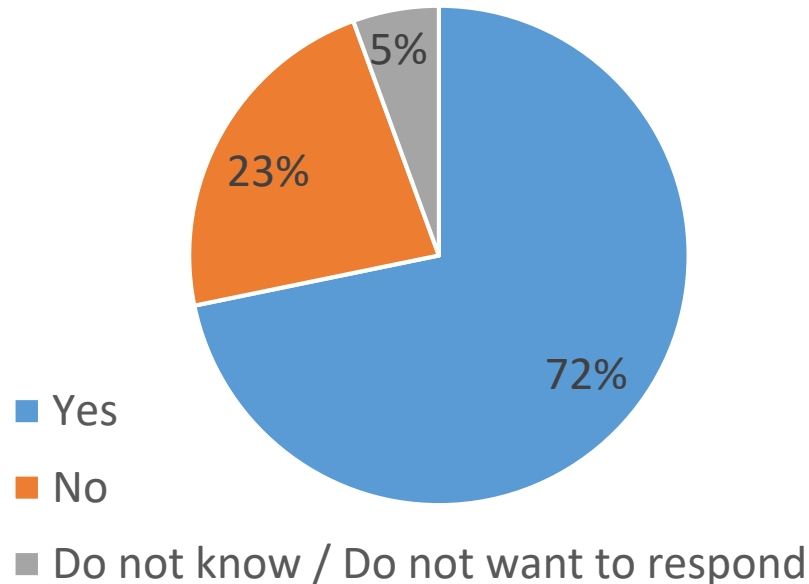
Achieved results

- In a time period from 9 January 2023 to 31 March 2023 $\longrightarrow$ **16 workshops.**

- Very **positive feedback** from local schools, demand for future workshops.

- Collection of data and personal experience from youth for further investigation.
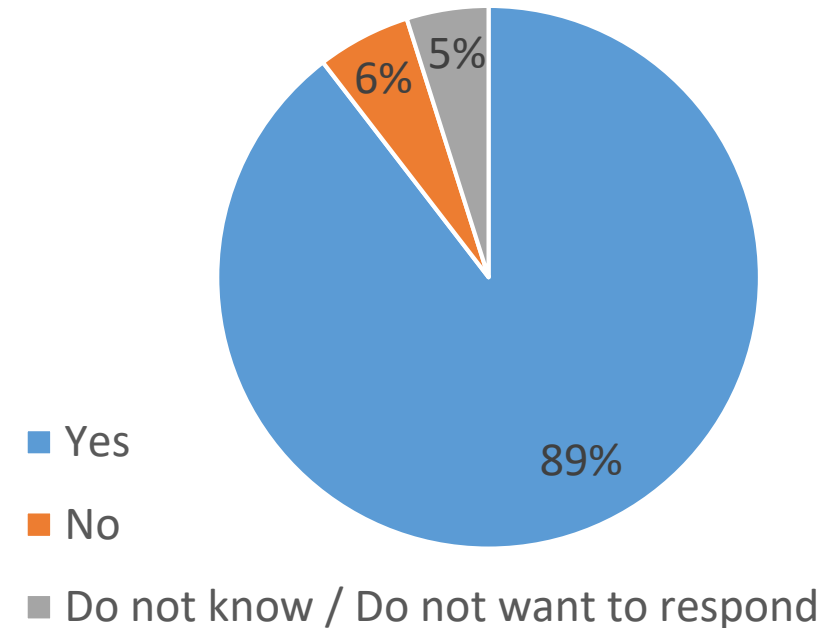
Observations:

- high interest for topics such as criminal investigation, cybersecurity and protection of personal data,

- willingness to share personal experience with cyberaggression,

- willingness to explore possible precautions.

Achieved results

- Have you ever observed cyberbullying, online harassment or other form of cyber aggression while using social networks?

Yes — 72%
No — 23%
Do not know / Do not want to respond — 5%

- Do you think, that people tend to behave more aggressive while using social networks?

Yes — 89%
No — 6%
Do not know / Do not want to respond — 5%

Data gathered from 287 respondents from local schools

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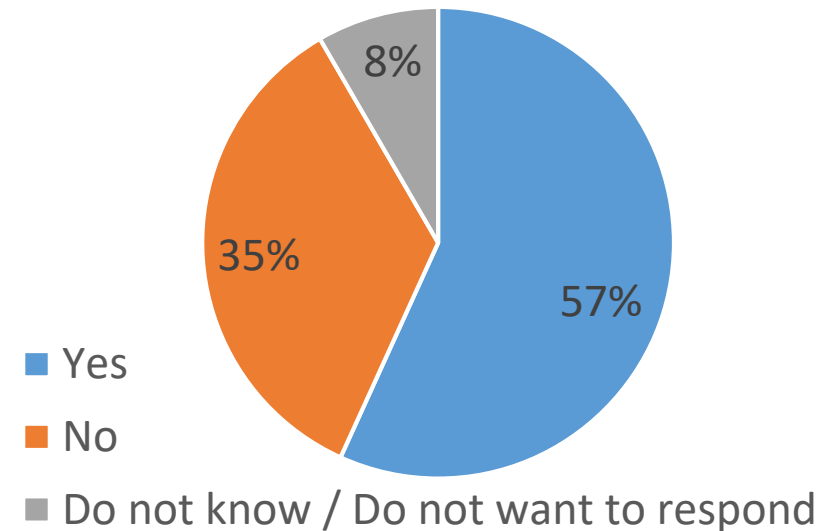
Achieved results

Before workshop:

Do you know some webpage or contact information where you will be able to find help as a victim of cyberbullying or cyber aggression?

- Yes
- No
- Do not know / Do not want to respond

11%
15%
74%
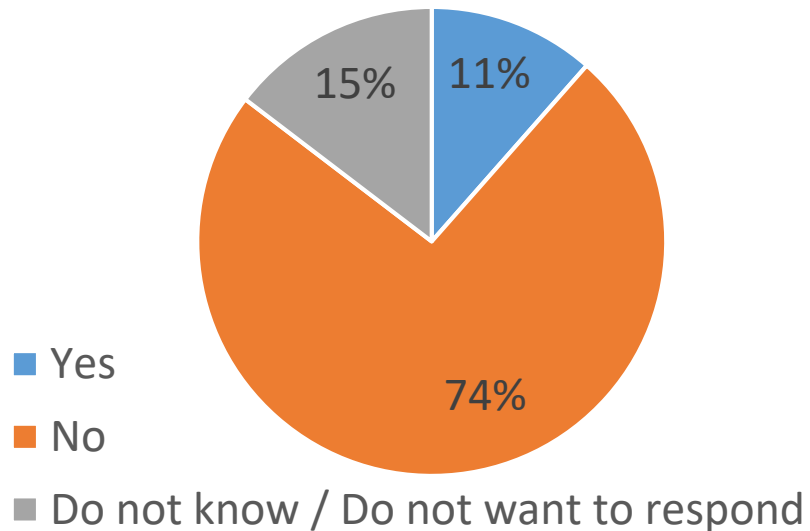
After workshop:

Have you remembered some webpage or contact information where you will be able to find help as a victim of cyberbullying or cyber aggression?

- Yes
- No
- Do not know / Do not want to respond

8%
35%
57%

Data gathered from 287 respondents from local schools

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Achieved results

How would you react if you were a victim of cyberbullying?

	Reaction	Before workshop	After workshop
1.	I would contact my parents	110	139
2.	I would contact school employees	40	64
3	I would create screenshots as a proof of attacks	175	190
4	I would contact children's helplines and Victim helplines	11	38
5	I would contact Police Department	44	91
6	I would counterattack	59	51

Data gathered from 287 respondents from local schools as a part of workshops

Conclusion

- Peer-to-Peer workshops which were carried out so far had a **positive feedback**.

- More workshops are planed for next school year.

- Gathered data provide us with insight and room for improvement.

- It is needed to monitor occurrence of cyberbullying and cyber aggression on regular basis.

- It is needed to encourage communication about online aggression and possible threats and provide relevant information about possible help and protection.

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Photo documentation of workshops

Team participating on workshops, from left: Martina Brezániová, Eva Jendrášiková, Samuel Hubočan, Dominika Dudláková, Marcela Benická

A workshop in progress on primary school

A workshop in progress on primary school

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Thank you for attention